



Brainspotting España

www.brainspotting.pro

www.aleces.com

Advanced BSP training

BARCELONA 2019

Also by Videoconference On line

Master Class, May 3, 4, 5 th 2019 with David Grand

Exceptional opportunity to learn and work directly with David Grand

- The Master Class is an opportunity for Brainspotting therapists to learn Brainspotting the way David Grand uses it in his office. The teaching opportunities are designed to make available the open, integrative, free-form approach for use with clients in all diagnostic categories, including Dissociative and Attachment Disorders.
- The format will include multiple demonstrations with attendees, role playing of working with challenging cases brought in by attendees and presentation of the newest Brainspotting innovations with lively and open Q and A.
- This mode of learning directly with David, has only been available to date in the Intensives he conducts which are restricted to 10 participants.
- This 3 day Master Class provides the opportunity for expanded groups to study the most advanced, creative clinical applications of Brainspotting.
- Minimum requirement for attendance is Brainspotting Phase 1 plus 50 hours of practice.



Given by David Grand, Ph.D., Discoverer of Brainspotting

<http://www.biolateral.com/page/bio.htm>

www.brainspotting.com.br/espana.html

Prize: Before March 31, 645 € (590 + 55 lunch 3 days). From April, 695 €

Schedule: Friday 10 to 2 and 3:30 to 7:30, Saturday 9:30 to 2 and 3:30 to 7:30 and Sunday :9 to 2 and 3:30 to 6:00

Addictions and Trauma, May 6, 2019 with Roby Abeles

The training will introduce participants to the recently developed and enormously successful "Crocodile set up" to help their addicted clients stop urges & cravings quickly, through brain changes, so deeper issues driving the addiction, can be addressed and resolved. This gives the addict even more advantage in recovery.

The training will also introduce: Addiction as Attachment; Addiction as Ego State & Protector; Addiction as Affect Regulation; Addiction as attempt at Nervous System Dysregulation; Neuroscience driving addiction relapse; The role of neuroplasticity & "ego fatigue"

There will be time for discussion, Q & A, along with a live demonstration of the "Crocodile Set Up" with participants having time to practice of set up in dyads, with full debrief.



Given by Roby Abeles LMFT, International Brainspotting Trainer in Australia

<http://www.abelesconsulting.com.au/>

www.brainspotting.com.br/espana.html

Prize: Before March 31, 215 € . From April 240€ (lunch included)

Schedule: Monday 10 to 2 and 3:30 to 6:30

Place:

Casa Espiritualidad San Felipe Neri. Nena Casas, 37-47 08017 Barcelona [http:// casaespiritualitat.barcelona/](http://casaespiritualitat.barcelona/)
Possibility of lodging in the house: send an email to info@aleces.com



Information and Inscriptions

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