

Expansión Brainspotting

with Lisa Larson

June 3 -10 -17, 2024, Online (Vía Zoom)



At least Phase I of Brainspotting is required.

- Expansion Brainspotting is a joyful and enlightening class that is transformational for attendees.
- Expansion is the only Brainspotting Frame that accesses the solution to the issue/problem or the desired feelings, thoughts and behaviors the client wants.
- It is not Activated or Resource (less activated) Brainspotting. Expansion Brainspots are far more transcendent and powerful, allowing our clients to fastforward their healing, and deepest desires with “bottom-up” processing

This course is perfect for clinicians that want to help their...

1. Fragile clients 1. with few resources.
2. Suicidal clients expand on the part of them that wants to live.
3. Clients who have lost parts of themselves due to trauma.
4. Clients stuck in unrelenting shame through finding their “soul spot.”
5. Clients with deep attachment wounds through corrective attachment spots.
6. Clients who want to feel the way they used to, before the trauma happened.
7. Clients with every day performance goals such as exercising or gardening more.
8. Clients who say they don't want to Brainspot today.
9. Clients who need help “Bearing the Unbearable.”



Pacific
Brainspotting
Trainings

Lisa Larson, LMFT

Lisa is the founder and owner of Pacific Counseling & Trauma Center and Pacific Brainspotting Trainings. She has been in the counseling field for over 23 years. Her passion is healing the traumatized and mentoring other therapists to be outstanding trauma clinicians.

Prize: 350 €

Schedule Spain & Central European (CET): 16 to 21:30 h

North America: Pacific , 7 to 12:30 h. Eastern, 10 to 15:30 h

South America: Ecuador (UTC-5), 9 to 14:30 h

Registration

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