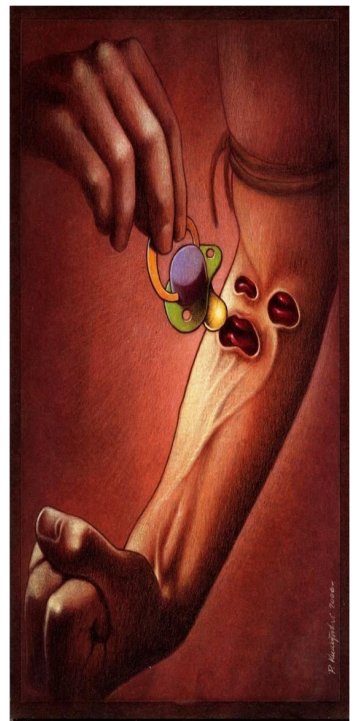


BRAINSPOTTING for ADDICTIONS and undesired behaviour

Octubre 25 to 27, 2024
In Warsaw and on line



Artista: Paweł Kuczyński

Requisite: Phase I Brainspotting,

- This technique has been used to help clients quit toxic relationships, stop skin picking/ trichotillomania, self-harming behaviours, all kinds of substance and process addictions, internet addictions, compulsive sexual behaviours, religious addictions, work addictions, any behaviour the client doesn't want, and many more, because the consequences are too much.
- You will learn two 'Crocodile Configurations' of Brainspotting (Double Point + Single Point Expansion) based on the Narrative Therapy use of externalising the problem, which is the core of this training. The origin of the 'Crocodile' and 'Pearls' metaphors will be presented along with detailed explanation of what addiction really is.
- Dr. Roby will also present ways to reduce the intensity of the impulses of Unwanted Behaviours / Addictions and a framework with focus on the integration of the divided / dissociated parts.
- You will see two live demonstrations of the two ways of framing the sessions.



**Given by ROBY ABELES, australian,
Expert and Trainer in Addiction Treatment.
International Trainer in Brainspotting
She will be coming to Europe, to teach LIVE and ONLINE.
This will be the last time Roby will be teaching this training.**

Prize

550 € until 15/9. Since 16/9, 595 €

Schedule

9:00 am to 17:30 pm, each day, with small breaks during the day

Information and Registrations

Brainspotting España and Alecs +34 674196912 ò info@aleces.com

www.aleces.com